

District: Covington Independent School District
School: Glenn O. Swing Elementary

Wellness Policy

Mission Statement

It is the mission of the Glenn O. Swing Elementary School to provide its students with opportunities designed to meet individual needs in a positive learning environment and to encourage high levels of achievement in social, emotional, behavioral, and academic development. Through respectful collaboration with parents and colleagues, we will inspire students to give back to their community and promote a love for school and learning.

Policy Statement

Glenn O. Swing is committed to providing school environment that enhance learning and development of lifelong wellness practices for all students and staff. KRS.160.345.

Policy Goals:

- Child Nutrition Programs comply with federal, state, and local requirements.
- Child Nutrition Programs are accessible to all children.
- Sequential and Interdisciplinary nutrition education is provided and promoted.
- Patterns of meaningful physical activity connect to student's lives outside of physical education.
- All school-based activities are consistent with district wellness goals.
- All foods and beverages made available on campus (including vending, concessions, a la carte, student stores, parties and fundraising) during the school day are consistent with the current Dietary Guidelines for Americans.
- All foods made available on campus adhere to food safety and security guidelines.
- The school environment is safe, comfortable, pleasing, and allows ample time and space for eating meals.
- Food and/or physical activity are not used as a reward or punishment.

To achieve these policy goals Glenn O. Swing Elementary will ensure:

I. Nutrition Education

- Students in K-5 shall receive nutrition education in cooperation with regular physical activity.
- Nutrition education shall be offered through the state health education curriculum standards (i.e. Practical Living core content and Health Education Program of Studies).
- Community partnerships through Northern Kentucky Health Department shall provide additional resources, programs, and activities.
- Nutrition shall be integrated into other content areas (Language Arts, Mathematics, Science, and Social Studies).
- Teachers, and other personnel teaching nutrition education, will be provided appropriate resources and professional development.

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Date Adopted: March 21, 2013

Signature of SBDM Members	Position
	Chair
	Co Chair