

You must choose one assignment to complete each day. The assignments can be done in any order but you must complete one from each row. Assignments can be submitted through email, Google Classroom, or can be dropped off at school in the main office if you are unable to send them electronically.

Topic:	Activity 1	Activity 2	Activity 3	Activity 4
Introduction	Write a letter introducing yourself and email/share it with all of your teachers.	Create a video introducing yourself and email/share it with all of your teachers.	Create a slideshow introducing yourself and email/share it with all of your teachers.	Create an illustration that introduces you and email/share it with all of your teachers.
<p>Read the article then respond to one of the activities</p> <p>https://time.com/5803936/corona-virus-misinformation/</p>	Create a pros/cons list about getting information from social media. Based on your chart, write a short conclusion about information from social media. Submit this to your social studies or English teacher.	Find a news article, post, or ad on social media that makes a claim that information is true. Fact check the claim by researching the information from reliable sources such as the CDC, health department, Department of Justice, etc. Summarize the claim and your findings then submit to your English or social studies teacher.	Social media can have a negative impact on the mental health of teenagers. Research this topic and create an informational pamphlet, article, or poster for your classmates to inform them of how to use social media without letting it hurt their mental health. Submit this to your English, social studies, or health teacher.	<p>Reflect on your own social media use. Answer the following questions:</p> <ol style="list-style-type: none"> 1. Which social media platforms do you use? 2. What type of information to you share or post? 3. Who can see your information? 4. Do you know someone who has been bullied or exposed on social media? Describe what happened? Do you think this is acceptable to do? 5. What would an employer think if they were to read the information you share on social media? 6. Have you ever had an account suspended due to inappropriate activity? If so, why was it suspended? 7. Thinking about all of these questions, do you feel your social media shows people a positive or negative image of you? Why? <p>Submit this to your English, social studies, or health teacher.</p>
Current Events	Gratitude lists are a great way to help cope with anxiety and stress.	Start a pandemic journal describing what it has been like for you since	Take some time to think about the community in which you live. What	Create a political advertisement for the candidate you feel would make

	<p>Many people are currently experiencing high levels of both due to the pandemic. Compile a gratitude list- things, people, events, situations you are grateful for- and submit it to your math or science teacher.</p>	<p>school transitioned to virtual learning back in March. Submit this to your math or science teacher.</p>	<p>do you see as the greatest challenge facing our city? Why do you feel this is a problem and how would you suggest we make change. Create a product that gives all of this information. Submit this to your math or science teacher.</p>	<p>the best president- Biden or Trump. Be sure your advertisement includes reasons why this candidate is the best and what you think he will be able to do to help our country. Submit this to your math or science teacher.</p>
<p>Goal setting</p>	<p>Create a social media profile for your future self. Include an illustration/image, education, occupation, status, interests/hobbies, and anything else you feel is important. Share with your career, art/music, or IB teacher.</p>	<p>Draw a life map. Be sure to include where you have been in your life, where you currently are, and where you are planning on going/what you are planning on doing in the future. Share with your career, art/music or IB teacher.</p>	<p>Compile a resume for your future self. Include your address, education, career goals, and experience, and hobbies/ interests. Share with your career, art/music, or IB teacher.</p>	<p>Create a list of goals. For each, make a list of specific steps you need to take to achieve each of those then reflect on yourself at the moment. Do your current skills, behaviors and habits support your goals? Do you need to make changes in order to reach your goals? If so, what are those changes. Share with your career, art/music or IB teacher.</p>